

## What Type of Learner Are You?

1. When you are learning you prefer
  - a. work that is written and drawn in many colors.
  - b. to listen to a lecture or told instructions.
  - c. to participate in activities – making or doing.
2. When you are talking you
  - a. talk little and prefer not to listen for too long.
  - b. like to listen and want to talk as well.
  - c. talk with your hands and gesture a lot.
3. When you are being rewarded or praised by someone you prefer to
  - a. receive a written note.
  - b. hear it said to you.
  - c. be given a pat on the back or a hug.
4. When you spell do you
  - a. see the word.
  - b. sound the word out.
  - c. write the word down and make sure it feels right.
5. When you remember specific incidents do you
  - a. see well-focused color pictures.
  - b. hear sounds.
  - c. see a few pictures with movements in them.
6. When you are thinking really hard and concentrating, are you distracted by
  - a. untidiness
  - b. noise
  - c. movement
7. When you are angry do you
  - a. silently seethe inside
  - b. shout and scream
  - c. clench your fists, grit your teeth, and stomp and go away angry
8. When you forget someone or something do you
  - a. forget names but remembers faces
  - b. forget faces but remember names
  - c. remember best where, when, and what you did
9. When you are reading do you
  - a. enjoy reading description and make your own pictures
  - b. hear the characters talking
  - c. like to act it out
10. When relaxing do you
  - a. watch TV, read, and see a play
  - b. listen to music or the radio
  - c. do something physical like play games, sports

#a \_\_\_\_\_ #b \_\_\_\_\_ #c \_\_\_\_\_

More a's = more of a visual learner

More b's = more of an auditory learner

More c's = more of a kinesthetic learner